



Gusford Primary School

"Promoting Achievement and Success."

Sheldrake Drive Ipswich IP2 9LQ

Tel: (01473) 682148 Fax: (01473) 692142

Email: admin@gusford.org.uk Website: www.gusford.suffolk.sch.uk

Headteacher: Mr C Tapscott B.A. (Hons)

Year 6 Bikeability Cycle Training

Dear Parent/Carer,

Year 6 pupils are being offered the opportunity to have cycle training within school. The pupils will be trained to the National Standards, known as 'Bikeability'. This Government scheme is Cycling Proficiency for the 21st Century, providing training to enable them to ride safely and confidently on today's roads. Bikeability is a Government approved and nationally recognised award for cycle training. The children will be trained by Freewheel Cycle Training Instructors who are fully accredited to 'Bikeability National Standards'. Further details of Bikeability are available at www.dft.gov.uk/bikeability/

The training, which is fully funded, takes place during normal school hours and will be to Level 2 of the National Standards. Pupils will ride their bike around the playground as well as on the roads. The course consists of 4 hours training sessions between Monday 31st October and Thursday 3rd November 2016. Children who successfully complete the course will receive a certificate and badge to the appropriate level.

Some children successfully completed this training in Year 5 last year. We have been offered 23 places. Unfortunately, there is not enough space for all pupils in Year 6, therefore places will be allocated on a first come, first served basis. However, if we have more than 23 children who are interested in completing the training, Bikeability run 'reserve' spaces. You will be notified by letter if your child has a place or is a reserve, including more details about the days and times when it will take place.

Checklist for Cycle Training - You will need to provide:

1. A **roadworthy bike** – Please at least check tyres are inflated and **both** brakes are fully functional
2. An undamaged cycle helmet - Please check this fits and straps are fully adjusted
3. Trousers with narrow bottoms or cycle clips
4. Trainers or flat soled shoes
5. Gloves (optional)
6. Waterproof/warm top – in case of weather conditions
7. Asthma inhalers - If required (training may take place some distance from school)
(please keep for reference)

If you would like to apply for a space on the Bikeability course, please sign up via Parentmail.

If you have any questions, please feel free to speak to me.

Yours sincerely,

Miss D French
Year 3 Leader

