



Gusford Primary School

“Promoting Achievement and Success.”

Sheldrake Drive Ipswich IP2 9LQ

Tel: (01473) 682148 Fax: (01473) 692142

Email: admin@gusford.org.uk Website: www.gusford.suffolk.sch.uk

Headteacher: Mr C Tapscott B.A. (Hons)

10 October 2016

Dear Parents/ Carers,

KS1 Learning Together Afternoon – Healthy Eating

As part of this term’s PSHE (Personal, Social and Health Education), we have been focusing on ‘Healthy Eating’. The children have spent some time learning about what they need to do to be healthy and how what they eat affects their health.

We would like to invite you to join us and work with your child in their classroom for a ‘Healthy Eating’ workshop on the afternoon of the 15th November 2016 1.30 – 3.15. During this time we shall take part in activities to help children make positive food choices. We hope that as many parents/carers as possible will be able to work with their child on this occasion as the more adults we have, the more successful we feel the afternoon will be as it will enable the children to learn with personal, one-to-one support. If a grandparent or another relative would like to come and work with your child instead, that would be great too!

The afternoon will begin with an introduction to the afternoon’s activities and the expectations of what we hope both you and your child will get from the activities. You will then be involved in participating in a variety of activities supporting your child in their developing understanding of positive food choices, where food comes from, and have the opportunity to have a closer look at different fruits and vegetables. We will be there to support you and guide the activities that take place. After the activities have been completed there will be the opportunity for both the children and yourselves to give feedback about the afternoon.

The afternoon is designed to allow parents and carers to have the opportunity to come into school and participate in activities with their child, and gain a better understanding of how we can support you in playing a valuable part in enhancing your child’s learning. If you have any questions or concerns about what the afternoon will involve, please do not hesitate to speak to your child’s class teacher or Ms Gray.

We really hope that you can make it and be a part of this new learning experience!

Yours sincerely,

Ms Gray,
Miss Gooch,
Miss Cumberland,
Mr Davies,
Miss Collins,
Miss Ward
Mrs Dugdale.



The *Active Learning* Trust





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I shall/ shall not be able to join you for the Learning Together afternoon on _____ (please insert your child’s activities afternoon date).

Signed : _____

Child’s Name: _____

I would/ would not* be happy to support another child in addition to my own (*Please delete as appropriate)